



NIKKI J OWEN

the transformationalist



Nikki J Owen has pioneered an extraordinary approach to changing peoples' lives based on three decades of study. She has evolved a unique methodology for transforming thinking and mindset by working effortlessly with the unconscious and conscious minds.

Nikki has touched the lives of thousands of people delivering talks, keynotes and masterclasses to a variety of audiences including business leaders, entrepreneurs, inspirational women, sales teams and organisational teams.

"I engage the services of Tony Robbins, Allan Pease and Jack Canfield. Having seen Nikki J Owen hold an audience spellbound, she is one of the most authentic and effective speakers I have seen."

**Niri S Patel, BNI India
National Director**

"Nikki is an inspiration. Through her passion and high energy for helping people find their best, she inspires others to achieve great things."

**Collette Stone,
Organisational Development,
The Home Office**

Nikki works with individuals, leaders and their teams to create an immediate and sustainable change in how they feel, changing the way they perform in the workplace and how they behave in every aspect of their lives. Her ground-breaking theories are at the frontiers of behavioural change and she has published two books, one of which was an international bestseller in the 1990s.

Her blueprint for transforming behaviour was launched in 2008 when she spent 5 years testing her processes at Shakespeare's Globe Theatre (2008 - 2012). Her belief in the vital link between mindset and behaviour inspired her to create The Big Apple Experiment that uses insights from the pharmaceutical industry to demonstrate mindset intention on performance. She was consequently appointed as Positivity Advisor to The Expotel Group. In 2012 she became an Executive Faculty for Henley Business School's Advanced Management Programme and was described as an edge-walker because she pushes the boundaries of those who have become unwittingly trapped in their comfort zone.

During one of her career highlights, she provided live commentary for an international broadcaster about



"We had fantastic feedback about Nikki's impact - described as life changing"

Terri Bailey, Director of Performance & Engagement, Virgin Holidays

political leaders in the UK's first historic election debate in 2010. Since then, Nikki has gathered a reputation for her emotional intelligence, incredible sensory awareness and a deep understanding of the programming that sits underneath behaviour, creating a wealth of business champions who continue to benefit from her approach. In 2020 Nikki launched The Expansion Practice – a pioneering methodology that anyone can learn that immediately transforms wellbeing, mindset, energy levels and behaviour.

She has delivered her powerful breakthrough process to over 2500 individuals with a variety of challenges from anxiety, low self-esteem, relationship issues, eating disorders, sleep deprivation, improving sporting performance, bereavement, self-harming, anger management and emotional burnout. Her clients describe her as a miracle worker and will often travel thousands of kilometres to benefit from one of her programmes.

Organisations with a forward-thinking leadership and people development agenda are amazed at the speed with which Nikki's approach transforms the behaviour of leaders and their teams.

Keynotes & Masterclasses

- **Expect Miracles: The Fastest Way to Transform Your Life/Leadership/Sales/Team***
- **The Expansion Practice – Experiencing the Miracle of YOU**

*Tailored accordingly based on audience profile

"Life changing! A whole new level of team and leadership development – very exciting."

Louise Dolan, Category Manager, Sainsbury's

"Different to anything I've experienced before – the impact is profound. The benefits personally and professionally are huge."

Ian Teagle, Director, PageGroup

Contact Information

Nikki J Owen, The Transformationalist
0044 (0) 7522 916741
nikki@nikkijowen.com
Nikki's VA: jane@nikkijowen.com

Watch Nikki speak: www.nikkijowen.com